Gender is a very special word that describes if someone feels like a boy, a girl, both, or neither.

Gender is beautiful; it can be all one color, a mix of colors, a blend of colors, or a little bit of every color.



Some people think when a baby is born, you can tell their **gender** by looking at their bodies. You **can't!**

You can only know someone's **gender** when they can tell you how they feel. Your **gender**, feeling like a boy/girl/both/neither is how you feel inside your **heart** and your **brain**.

Some people have the **heart** and **brain** of a **girl**.



Some people have the **heart** and **brain** of a **boy**.

Some people feel like **both** a boy and a girl, or a **blend** of these genders.





Some people feel like **neither** a boy or a girl, or **something different** altogether.

YOU are the one who knows your gender best, and ANY WAY YOU ARE IS OK!
When I was a baby, people thought I was a
I have the heart of
I have the brain of
If I had it my way, people would treat me like: A BOY A GIRL BOTH NEITHER
If I had it my way, my name would be:
If I had it my way, when people talked about me they would say: "HE" "SHE" "THEY" "NAME" (no pronouns)

Created by Darlene Tando, LCSW Version 7/19